### HARM REDUCTION AND THE THREE E's

DATE & TIME: October 20, 2015 9:00 AM - 12:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: Special Services for Groups

905 E. 8<sup>th</sup> St. (Main Floor Conf. Room)

Los Angeles, CA 90021

PARKING: Free parking (please enter parking lot through Gladys St.)

The purpose of this training is to teach participants the principles of Harm Reduction and how to work within this model. Participants will learn why people drink and use drugs and review the differences between Harm Reduction and traditional models. The trainer will discuss recovery principles and ways these principles relate to Harm Reduction. Additional information will include a discussion on Motivational Interviewing and assisting consumers meet their basic and essential needs while utilizing Harm Reduction. Finally, the three E's which are important components of the model will be examined: engagement, education and empowerment.

**TARGET AUDIENCE: PATH providers** 

**OBJECTIVES:** As a result of attending this training, participants should be able to:

- 1. Name three principles of Harm Reduction.
- 2. Discuss how Harm Reduction differs from traditional models.
- Identify the stages of Motivational Interviewing.
- 4. Discuss how individuals of various backgrounds may respond to Harm Reduction.

**CONDUCTED BY:** John Fouts, Private Trainer

**COORDINATED BY: Janice Friend, Training Coordinator,** 

E-mail: jfriend@dmh.lacounty.gov

DEADLINE: When Maximum Capacity is Reached

CONTINUING None

EDUCATION:

COST None

DMH Employees register at:	Contract Providers complete			
http://learningnet.lacounty.gov	attached training application			
☐ Cultural Competency ☐ Pre-licensure	☐ Law and Ethics ☐ Clinical Supervision ☒ General			



## **County of Los Angeles Department of Mental Health**

# NON-DMH STAFF TRAINING APPLICATION FORM



### **Please Print or Type**

#### **Instructions**

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for a training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at <u>lacdmh.lacounty.gov/training&workforce.html</u>.

Training Title (as in DMH bulletin)						
Date(s)		Training Coordinator				
County Employee Number						
(non-county employees supply the last four digits of the SSN)						
Name						
Program, Service or Agency						
Job Title						
Address						
City				Zip Code		
Telephone		Email				
License or Credential Number(s) (complete as many as applicable)						
CAADAC	LCSW	LPT	LV	VN		
MD	MFT	Psychologist		RN		
Supervisor's Approval (Applications will not be processed if not signed by supervisor)		For processing, please return Application to:				
Print Supervisor Name						
Supervisor's Signature		Fax: (213) 252-8775 or 8776  Phone: (213) 251-6874  Email: <u>ifriend@dmh.lacounty.gov</u> (When faxing, there is no need to use a cover sheet)				

Revised: 07/2014